Outdoor Winter Recreation Downhill & Cross Country Skiing • Snowshoeing • Snowshoeing • Snowshoeing



Important Registration Information

Schedule & Trip Policies

1. Registration begins on Dec. 15, 2022 starting at 7:00 am.

- Must have a current DSA membership to participate and register for trips.
- North Domingo Baca Fitness Center and Los Volcanes Sports and Fitness Center will accept winter registration on this day ONLY until 12:00 pm.
- Limited to two registration forms per person.
- All trips are subject to change or cancellation due to inclement weather.
- Registrations for Winter Sports are on a first come, first serve basis.
- Participants must leave and stay with the group on all trips. No exceptions!
- Cancellations for day trips will require a minimum 24 hr. notice.
- Three or more trip no shows without prior 24 hour cancellation will result in a removal from all winter trips.
- 10. Activities will be canceled due to weather conditions, or when minimum attendance is not met. A minimum of 6 participants is required to use a single van; a minimum of 12 people is required to use 2 vans.

Online Registration is Now Available for our Winter Trips.

- 1. Please call Los Volcanes, North Domingo Baca or Palo Duro Sports and Fitness Centers to receive your user name and password. The website to login is http://play.cabq.gov
- 2. Once logged in you can update your household information and username and password.
- To register for programs click on Sports & Fitness then find and click on Senior Affairs Sports & Fitness. Click to open winter trips and register for the activities of your choice.
- 4. Must have a current Department of Senior Affairs Membership.

For more information, call (505) 880-2800.

Important Information

Trips leave from Palo Duro 50+ **Sports & Fitness Center** 3351 Monroe NE

> For more info or to register call (505) 880-2800

Current membership is required.

Outdoor Winter Recreation, continued...

WINTER SPORTS DAY TRIPS

Tuesday Cross Country Ski Trips

Enjoy the splendor of New Mexico's back country. Trips are open to intermediate or advanced skiers. Depending on snow conditions, destinations include the Jemez, Manzano and Sandia Mountains. Equipment is not provided.

9 trips from January 3 - February 28, 2023

Check-In: 8:45 am Depart: 9:00 am Return: 5:00 pm

Cross country skiers must stay with the group.

Wednesday Snowshoeing Trips

Snowshoeing is fun! We provide snowshoes and poles or bring your own! Destinations include the Jemez, Manzano and Sandia Mountains, depending on the best snow.

9 trips from January 4 - March 1, 2023

Check-In: 8:45 am Depart: 9:00 am Return: 5:00 pm

Snowshoers must stay with the group.

Thursday Downhill Skiing & Snowboarding Trips

Skiing and Snowboarding Trips: We do the driving and you hit the slopes at Santa Fe ski area.

11 trips from January 5 - March 16, 2023

Check-In: 7:00 am Depart: 7:30 am Return: 4:30 pm

Downhill skiers and snowboarders must purchase own lift ticket.

Important Information

Three or more trip no shows without prior 24 hour cancellation, will result in a removal from all winter trips.

A current City of Albuquerque Department of Senior Affairs, membership is required for each trip! Bring a sack lunch, snacks, water and dress warmly in layers.





Friday Beginner Snowshoe Class

For those who would like to get outside but are new to snowshoeing. Class will go over snowshoe techniques, basic conditioning exercises, mapping and discussion of proper attire. Register for one class.

Class I: January 6 - January 20 Class II: January 27 - February 10

Class III: February 17 - March 3

Check-In: 8:45 am Depart: 9:00 am Return: 1:00 pm



Online Registration is Now Available for our Winter Trips. See page 4.

Winter Outdoor Registration Form

Name				
Name:	First	Middle	Date of Birth	
Address:				
Street		City	State	Zip
Phone:	E-mail:			
Emergency Contact:				
Name		Relationship	Phone	
Important Information Coho	dule and Trin Deligie	4 Three or more to	rin no shows without prior 24 hour cancellatio	n will recult in a

Important Information: Schedule and Irip Policies

- 1. Registrations for Winter Sports are on a first come, first serve, sign-up basis.
- 2. Participants must leave and stay with the group on all trips. No exceptions!
- 3. Cancellations for day trips will require a minimum 24 hr. notice.
- removal from all winter trips.
- 5. Activities will be canceled due to weather conditions, or when minimum attendance is not met. A min. of 6 participants is required to use a single van; a min. of 12 people is required to use 2 vans.

Palo Duro 50+ Sports & Fitness Center.

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☐ Trip 2	Jan. 10	☐ Trip 2 Jan. 11	☐ Trip 2 Jan. 12	Santa Fe	Class III: Feb. 17—Mar. 3	ATHERE IN
☐ Trip 3	Jan. 17	☐ Trip 3 Jan. 18	☐ Trip 3 Jan. 19	Santa Fe		
☐ Trip 4	Jan. 24	☐ Trip 4 Jan. 25	☐ Trip 4 Jan. 26	Santa Fe	Have own snowshoes?	
☐ Trip 5	Jan. 31	☐ Trip 5 Feb. 1	☐ Trip 5 Feb. 2	Santa Fe	Yes No No	THE COLON
☐ Trip 6	Feb. 7	☐ Trip 6 Feb. 8	☐ Trip 6 Feb. 9	Santa Fe	V	
☐ Trip 7	Feb. 14	☐ Trip 7 Feb. 15	☐ Trip 7 Feb. 16	Santa Fe		
☐ Trip 8	Feb. 21	☐ Trip 8 Feb. 22	☐ Trip 8 Feb. 23	Santa Fe		A SERT- HE
			☐ Trip 9 Mar. 2	Santa Fe		
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